

# Family Caregiver Support Groups Monthly Schedule | Morning, Afternoon, Evening

#### **MONDAYS**

## **Caregiver Support Group**

ENGLISH | VIRTUAL MEETING 1st and 3rd Monday | 10:00 - 11:00 AM

## **Aphasia Support Group**

ENGLISH | IN-PERSON MEETING 2nd and 4th Monday | 10:00 - 11:00 AM

## **Caregiver Support Group**

ENGLISH | VIRTUAL MEETING 2nd and 4th Monday | 1:30 - 2:30 PM

#### **Traumatic Brain Injury Support Group**

ENGLISH | VIRTUAL MEETING 2nd and 4th Monday | 5:30 - 6:30 PM

#### **TUESDAYS**

# **Caregiver Support Group**

VIETNAMESE | IN-PERSON MEETING 2nd and 4th Tuesday | 11:00 - 12:00 PM

# Transitions (After Caregiving)

ENGLISH | IN-PERSON MEETING 3rd Tuesday | 1:00 - 3:00 PM

## **Men's Caregiver Support Group**

ENGLISH | VIRTUAL MEETING 2nd and 4th Tuesday | 3:00 - 4:00 PM

## **Caregiver Support Group**

ENGLISH | VIRTUAL MEETING 1st and 3rd Tuesday | 7:00 - 8:00 PM

#### WEDNESDAYS

#### **Caregiver Support Group**

ENGLISH | VIRTUAL MEETING
2nd and 4th Wednesday | 10:00 - 11:00 AM

# **Caregiver Support Group**

ENGLISH | IN-PERSON MEETING 2nd and 4th Wednesday | 10:00 - 11:30 AM

## **Caregiver Support Group**

ENGLISH | IN-PERSON MEETING 1st and 3rd Wednesday | 1:00 - 2:00 PM

#### **Caregiver Support Group for Spouses**

ENGLISH | VIRTUAL MEETING
2nd and 4th Wednesday | 4:00 - 5:00 PM

# **Telephonic Support Group**

SPANISH | VIRTUAL MEETING
1st and 3rd Wednesday | 5:00 - 6:00 PM

#### "Sandwich Generation" & Young Caregiver Support Group

ENGLISH | VIRTUAL MEETING
2nd and 4th Wednesday | 6:30 - 7:30 PM

To learn more about how to join a support group, please call our office at:

800-543-8312 or 714-446-5030

#### THURSDAYS

## **Caregivers Connecting Through Art**

ENGLISH | IN-PERSON MEETING 2nd and 4th Thursday | 10:00 - 11:30 AM

## **Dementia Support Group**

ENGLISH | VIRTUAL MEETING
2nd and 4th Thursday | 10:30 - 11:30 AM

# Transitions (After Caregiving)

VIETNAMESE | IN-PERSON MEETING 2nd Thursday | 10:30 - 11:30 AM

#### **Caregiver Support Group**

VIETNAMESE | IN-PERSON MEETING 1st and 3rd Thursday | 10:30 - 12:00 PM

#### **Caregiver Support Group**

ENGLISH | IN-PERSON MEETING 1st and 3rd Thursday | 10:30 - 12:00 PM

# Hope Cancer Patient and Family Support Group

ENGLISH | IN-PERSON MEETING 2nd Thursday | 6:00 - 7:30 PM

#### **FRIDAYS**

# **Caregiver Support Group**

ENGLISH | VIRTUAL MEETING 1st and 3rd Friday | 1:30 - 2:30 PM

The materials or product were a result of a project funded by a contract with the California Department of Aging (CDA), as allocated by the Orange County Board of Supervisors and administered by the Orange County Office on Aging. Supporting data is available by contacting Caregiver Resource Center OC at 130 W. Bastanchury Road, Fullerton, CA 92835 (714) 446-5030. The conclusions and opinions expressed may not be those of the CDA and that the publication may not be based upon or inclusive of all raw data. Services are provided free of charge. Voluntary contributions are gratefully accepted, and no one is denied for inability to contribute.